

The book was found

**VIETNAMESE VEGETARIAN FOOD -  
OUR FAMILY VEGETARIAN RECIPES:  
VEGETARIAN FOOD RECIPES FROM  
OUR VIETNAMESE HOME -  
VEGETARIAN FOOD RECIPES VEGAN  
RECIPES ASIAN ... RECIPES ASIAN  
VEGAN SERIES Book 1)**



**Vegetarian Recipes  
From Our Vietnamese Home**



**MICHELLE TRAN**



## Synopsis

AWESOME VEGETARIAN VIETNAMESE FOOD RECIPES YOU CAN MAKE AT HOME  
OUR FAMILY'S BEST VIETNAMESE VEGETARIAN RECIPES FOR HEALTHY EATING AND HEALTHIER LIVING  
These family recipes teach you how to make authentic home-style Vietnamese vegetarian food in your own kitchen!  
I am Michelle Tran from Saigon / Ho Chi Minh City and my family makes Vietnamese vegetarian food every day and you can, too!  
We are Vietnamese cooking teachers and we teach you how to:  
Select the freshest vegetables and products to make the most delicious Vietnamese vegetarian food  
How to make every day vegetarian food that the whole family will enjoy plus sweet desserts  
Understand the correct cooking techniques to make every dish authentic and delicious  
How to flavor your vegetarian cooking so it has the right balance of spicy, salty, sweet and sour for your taste!  
Here are some of the favorite dishes that we love to make:  
HAPPY RICE NOODLE SALAD  
VIETNAMESE CILANTRO PESTO • RICE NOODLE SALAD WITH BASIL AND CILANTRO  
VIETNAMESE LETTUCE WRAPS WITH TOFU  
SURPRISE  
VIETNAMESE FRESH SPRING ROLLS  
VEGETARIAN VIETNAMESE PHO NOODLE SOUP  
VIETNAMESE RICE CRISPS  
VIETNAMESE BANH MI SANDWICHES WITH LEMONGRASS TOFU  
CHEWY CREPES  
SCALLION CAKES  
CARROT PEANUT SALAD  
STIR-FRIED TOFU WITH PEPPERS AND EGGPLANT  
VEGETARIAN CURRY WITH FRESH GINGER AND LEMONGRASS  
GREEN PAPAYA SALAD  
CORN WITH CHILI AND SCALLIONS  
SPICY CABBAGE SALAD  
GRILLED TOFU, NOODLE AND HERBS SALAD  
BEAN THREAD NOODLE SALAD  
TOFU LETTUCE CUP  
SHOT AND SOUR TOFU SOUP WITH LEMONGRASS  
FIVE SPICE NOODLE SALAD  
ZESTY FRESH VEGETABLE SALAD WITH CRUNCHY PEANUTS  
REFRESHING VEGETABLE PLATTER  
The Amazing Bounty That Is Vietnamese Vegetarian cooking!  
Vietnamese cooking offers a huge variety of vibrant flavors, exciting colors and satisfying textures for any one seeking inspired vegetarian eating.  
Vietnamese cooks and eaters highly value vegetables and fruits as they are available all year long, right from the family garden, nearby fruit trees, the many fresh markets or plucked from trees and bushes by the side of the road.  
These recipes have been adapted from traditional Vietnamese family recipes. I have studied cooking with my mother and grandmothers since I was a little girl. We taught the American cook called "Chef Tummy" to cook our vegetarian style and now we want to share our family recipes with you in this English-language volume.  
PLEASE ENJOY OUR BOOK AND DOWNLOAD YOUR COPY TODAY --  
THANK YOU!

## Book Information

File Size: 237 KB

Print Length: 67 pages

Simultaneous Device Usage: Unlimited

Publisher: VEGETARIAN RECIPES - VEGAN RECIPES - VIETNAMESE VEGETARIAN RECIPES  
ASIAN VEGAN SERIES - CHEF TUMMY OMNIMEDIA; 1 edition (March 21, 2015)

Publication Date: March 21, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B00V2EFUGM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #614,667 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #25

inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Asian >  
Vietnamese #61 inÂ Books > Cookbooks, Food & Wine > Asian Cooking > Vietnamese #1153  
inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Vegan & Vegetarian

## Customer Reviews

During my second tour in Vietnam I was an advisor to an ARVN infantry regiment in the Mekong Delta and absolutely fell in love with Vietnamese food. Sadly, although I've lived in many places both in the United States and abroad over the years, I've seldom been able to find any Vietnamese restaurants to satisfy my desire for more of it. That being said, I was thrilled to find Michele Tran's 'Vegetarian Vietnamese' cookbook and, while I do enjoy meat and fish, I've found these recipes to be very satisfying. Even better, they are easy to prepare although I do occasionally have to substitute the odd ingredient owing to my inability to find what I need in shops here in Spain. If you like Vietnamese food or if you are a vegetarian looking to diversify your recipe file, I'd highly recommend this book.

a sunburst of joy! I have been looking for a vegan Vietnamese cookbook for eons and here it is. San Jose Ca is the perfect place to find all of the ingredients I need. We have a bright productive Vietnamese community. This cookbook is just what I needed to satisfy my desire for home cooked

Vietnamese foods.

This book is a delight! There is not one recipe that doesn't sound fresh, simple and delicious. I must confess to not having tried cooking Vietnamese Vegetarian food but this has now changed. The spicy Cabbage Salad is to die for as are the Tofu Lettuce Cups and I can't wait to try more. The Lemongrass Lemonade is the next thing I'm going to make - sounds really refreshing. This book is a must for anyone wanting to vary their vegetarian diet but even if you are a meat eater, you will still enjoy the fabulous recipes. Recommended!

This book is a great introduction to both vegetarian cooking and the light and delicious Vietnamese-style cooking. I loved the detail of how to buy the ingredients and good substitutes for when you can't find the original herb or veggie. I want to try all the recipes!!

I love vegetables as much as I love Vietnamese foods! I'm a food lover and also likes vegetables so much. I like this book because it has a Vietnamese traditional recipes. I'm a person that loves to cook delicious foods especially vegetables. This book really helped me! Thanks to Michelle Tran for making this book. I will surely recommend this. ;)

[Download to continue reading...](#)

VIETNAMESE VEGETARIAN FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Vietnamese Cooking: 20 Vietnamese Cookbook Spring Rolls and Other Vietnamese Recipes (Vietnamese Cuisine, Vietnamese Food, Vietnamese Cooking, Vietnamese ... Vietnamese Kitchen, Vietnamese Recipes) Easy Vietnamese Cookbook: 50 Authentic Vietnamese Recipes (Vietnamese Recipes, Vietnamese Cookbook, Vietnamese Cooking, Easy Vietnamese Cookbook, Easy Vietnamese Recipes, Vietnamese Food Book 1) Raw Vegan: How To Be A Raw Vegan Smart Ass (raw vegan, raw vegan cookbook, raw vegan food, raw vegan diet, vegan cookbook, vegan recipes, vegan diet, natural hygiene) Vegan Mastery Cookbook: Simple Vietnamese Spring Roll Recipes to Cook at Home (International Vegan Cookbook Series, Vegan Spring Rolls, Vietnamese Spring ... Vegan Recipes, How to Make Spring Rolls) Vegan: Vegan Diet For Beginners: 150 Delicious Recipes And 8 Weeks Of Diet Plans (Vegan Diet, Vegan Cookbook, Vegan Recipes, Vegan Slow Cooker, Raw Vegan, Vegetarian, Smoothies) Vegan Recipes: Vegan Bistro Recipes: 48 Delicious Bar Food & Soup Recipes (Vegan Recipes, Vegan diet, Vegan diet for beginners, how to lose weight fast, vegan

cookbook, Weight loss for diabetics) THAI FOOD - VEGAN THAI RECIPES: VEGAN THAI RECIPES FOR THE SLOW COOKER - FRESH THAI FOOD VEGAN RECIPES FOR THE SLOW COOKER (VEGAN THAI SLOW COOKER - THAI FOOD VEGAN RECIPES Book 1) The Ultimate Guide To Vegan Bodybuilding & Nutrition: How To Build Muscle With A Vegan Life Style, Eating Your Favorite Food (Vegan Bodybuilding, Vegan ... Smoothies, Vegan Lifestyle, Vegan muscle) Vegetarian: High Protein Vegetarian Diet-Low Carb & Low Fat Recipes On A Budget(Crockpot,Slowcooker,Cast Iron) (Vegetarian,Vegetarian Cookbook,Vegetarian ... low carb,Vegetarian low fat) Vegan: Vegan Diet Recipes That You Cant Live Without (Vegan Slow Cooker, Vegan Weight Loss, Low Carb Cookbook, Slow Cooker Recipes, Vegan Cookbook, Paleo Diet, Vegan Recipes) Vegetarian: Vegetarian Diet For Beginners: 100 Delicious Recipes And 8 Weeks Of Diet Plans (Vegetarian Diet, Vegetarian Diet For Beginners, Vegetarian ... Cookbook, Vegan, Clean Eating, Raw Diet) Vegan: Vegan Dump Dinners-Vegan Diet On A Budget (Crockpot, Quick Meals,Slowcooker,Cast Iron, Meals For One) (Slow Cooker,crockpot,vegan recipes,vegetarian ... protein,low fat,gluten free,vegan recipes) Vegan Recipes Cookbook - Top 200 Vegan Recipes: (Healthy Vegan Food, Weight Loss, Vegan Book, Vegan Diet, Green Food, Dinner, Lunch, Breakfast and Snacks) Vegan: High Protein Cookbook: 50 Delicious High Protein Vegan Recipes (Dairy Free, Gluten Free, Low Cholesterol, Vegan Diet, Vegan for Weight loss, vegetarian, vegan bodybuilding, Cast Iron,) Vegan: High Protein Vegan Cookbook-Vegan Diet-Gluten Free & Dairy Free Recipes (Slow cooker,crockpot,Cast Iron) (vegan,vegan diet,vegan slowcooker,high ... free,dairy free,low carb) Vegan: Vegan Budget Cookbook: 33 Delicious Low-Cost Vegan Recipes, Quick and Easy to Make (Vegan Diet, Dairy Free, Gluten Free, Slow Cooker, Vegan bodybuilding, Vegan weight loss, Cast Iron) Vietnamese Food.: Vietnamese Street Food Vietnamese to English Translations Vegan: The Essential Asian Cookbook for Vegans: (+ FREE BONUS BOOK!) (vegan, vegan diet, vegetarian, gluten free, superfood 3) Vegan: Vegan Diet Cookbook for Delicious and Healthy Recipes (Vegan Recipes, Vegan Cookbook, Vegan Diet, Delicious and Healthy Recipes)

[Dmca](#)